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## Praying Our Experiences: An Invitation to Open Our Lives to God

By Joseph F Schmidt, Benedict J Groeschel

Word Among Us Press. Paperback / softback. Book Condition: new. BRAND NEW, Praying Our Experiences: An Invitation to Open Our Lives to God, Joseph F Schmidt, Benedict J Groeschel, God wants us to share our lives and our hearts with him. In this updated and expanded edition of a spiritual classic, Christian Brother Joseph Schmidt gently leads us to recognize that honest reflection before God on the ordinary experiences of our lives is the very means of our spiritual growth. As we speak to God about our personal story, we can explore the significance of our unrest, our joys, our fears, and our hopes. Then the Holy Spirit will lead us to self-knowledge and the freedom to accept and appreciate ourselves and our lives as they are. This book goes beyond any specific way of praying to the very heart of prayer: intimacy with God.



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