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HEART, BROKEN: MY JOURNEY TO SELF-HEALING (PAPERBACK)



Red Letter Books, United Kingdom, 2016. Paperback. Book Condition: New. 178 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. It s just your age, Jackie. You ll be on beta-blockers and warfarin for the rest of your life. The doctor s words terrified Jackie Mannell, then in her late 40s. She d never taken drugs and had no intention of starting. But how could she heal her heart s abnormal rhythm naturally? Within three...

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- Authored by Jackie Mannell
- Released at 2016



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