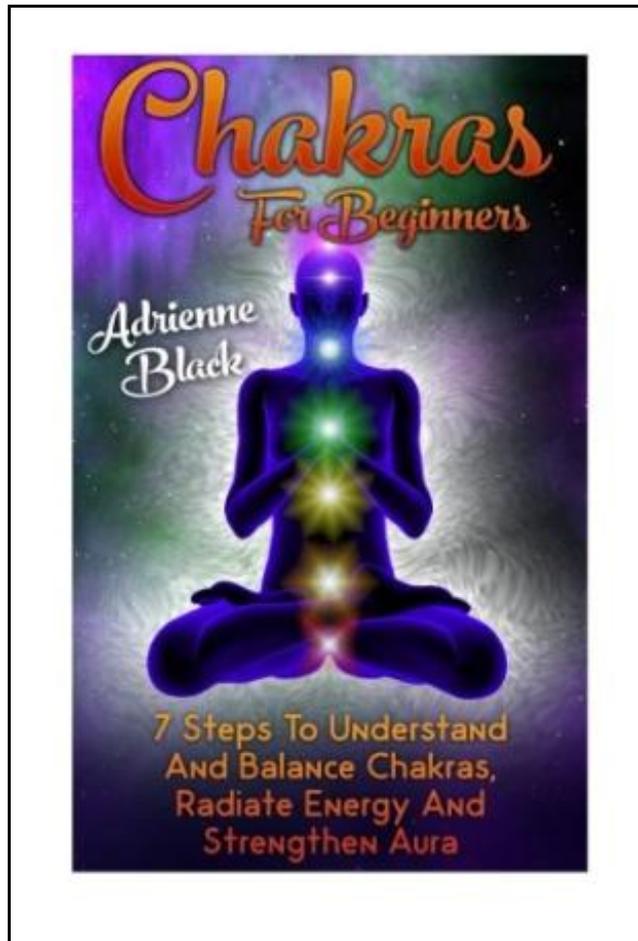


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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Chakras For Beginners 7 Steps To Understand And Balance Chakras, Radiate Energy And Strengthen Aura Have you ever noticed how there are people out there that just seem to radiate energy? It is as though there is nothing that is able to bring them down, and no matter what is going on in their lives, they are just happy to be alive. There is something hidden and almost powerful about them, and there is something about them that makes you want to be around them. We all know that person who just has that one thing about them that makes them not only who they are, but makes them unique, too. Can I be one of those people? You ask yourself. Can I be someone that just seems to radiate energy no matter where I go or what I am doing? They tell me that it is this thing they call chakras that does it, but what does that mean? Well, you are about to find out. This book is dedicated to giving you the steps you need to be radiant, and to have that energy that just draws people in. This is a powerful energy, and one that is going to help people, including yourself. You may have noticed that these people have one thing in common. Maybe more, but definitely this one thing, and that is yoga. But who knew that yoga could have such a powerful influence on your body? Well, it can. This book is going to teach you how you too can learn what your chakra balancing points are, and how by using those points you can make your life more balanced and...

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