



Skiing and Snowboarding: A Beginner's Guide

By Kate Burke

Need2Know. Paperback. Book Condition: new. BRAND NEW, Skiing and Snowboarding: A Beginner's Guide, Kate Burke, Do you like the idea of going on a skiing and snowboarding holiday, but just dont know where to start? If this sounds like you, then youve come to the right book. Skiing and Snowboarding A Beginners Guide demystifies the world of winter sports, opening the door for everyone to enjoy. From when to go, where to go and how to get there, to what to pack, what to expect and how to prepare, this book is an essential companion for any first timer. You will be introduced to basic techniques, with helpful hints on how to make things easier and pitfalls to avoid. Chapters also cover mountain safety, working a ski season and other mountain activities you can try. Skiing and snowboarding will open your eyes to a whole new side of life: adrenaline like youve never experienced, breathtaking views and awe-inspiring mountains. So, what are you waiting for? Read this guide, get out there and give it a go!.



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