



## Mind Games: The Guide to Inner Space

By Robert Masters

Quest Books. Paperback. Book Condition: New. Paperback. 237 pages. Dimensions: 8.0in. x 8.0in. x 0.6in. This updated edition of the classic mind training exercises that became the bible of consciousness exploration for a generation extends the usefulness of the games into corporate, educational, therapeutic, and community settings. A set of Applications for each cycle of games gives clear instructions for their use by teachers, therapists, workshop leaders, corporate trainers, church and community leaders, and everyone interested in maximizing their potential for: problem solving, team building, and conflict resolution; increased concentration and productivity; creativity and visionary thinking; stress reduction and relaxation; focused listening and super communication. Group facilitators and everyone who wants to live and work with more focus, flow, and mental flexibility will love this valuable resource. Robert Masters, Ph. D. , and Jean Houston, Ph. D. , are the husband and wife team whose training programs, corporate and personal growth seminars, and best-selling books, including The Possible Human (Houston) and Neurospeak (Masters) have been at the forefront of the human potential movement for three decades. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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### Reviews

*This publication may be really worth a go through, and a lot better than other. It really is written in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Natalie Abbott**

*This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be playful, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.*

-- **Rene Olson**